

Botox® with Berger

Botox Cosmetic ® is an exciting new treatment for many types of wrinkles. It is not a filler. It is a purified protein which is injected underneath the skin and causes muscles to relax locally. For worry lines and crow's feet on the upper face, it is a winner. Botox® is also great for lip lines, for neck lines, and excessive sweating on palms and underarms. We use only brand name Botox®. The charge is \$10 per unit, and a typical treatment session is usually 25-40 units depending on the number of areas treated. Typically the onset of relaxation begins 2 days after treatment (the muscles stop scrunching in about 2 days, the maximal wrinkle relaxation usually takes about a month) and lasts for 3 months. While once in a while bruising may result, this is a no-downtime lunchtime treatment, and makeup can be worn immediately afterwards. It is a good idea to stop any aspirin-like medications 2 weeks (yes they can make you bruise more easily that long!) ahead of time. Rarely the protein may reach upper eyelid muscles, causing an eyelid droop or "bedroom eye", which is a nuisance but can be immediately fixed with prescription eye drops and fortunately lasts a lot less time than the good effects of the Botox®.

When you come for your Botox® treatment, you will be seated in an exam chair. The assistant will go over the consent form with you and can answer some questions. Cold packs applied to the skin help to prevent bruising and also help to numb the skin. "Before" photos are taken for your private file. Dr. Berger can then discuss with you what you are hoping to accomplish with Botox®, suggest a treatment plan, and answer any questions which remain. After the face is cleansed, the Botox® placement is done by Dr. Berger with very small syringes, and even "needle phobic" patients do very well. Afterwards the sites are cleansed, cold packs are reapplied (some small bumps are immediately apparent but go down quickly, usually about 5-10 minutes) and you are ready to go about your day. It's so easy!

Schedule your appointment today with Dr. Berger to see what Botox can do for YOU!

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